

ACADEMIC ACHIEVEMENT IN RELATION TO STUDY HABITS

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ABSTRACT

The whole system of education revolves round the academic achievement of students though various others outcomes are also expected from the system. Thus a lot time and effort of the schools are used for helping students to achieve better in their scholastic endeavors. This research paper attempts to study the relationship between study habits and academic achievements among students of secondary education, as academic achievement is the sum total of information gained after completing a course of instruction in a particular grade that he has obtained in achievement test.

Keywords: *Education, Research, Academic Achievement, Study Habits, Imparted*

Introduction

The world is becoming more and more competitive; quality of performance has become the key factor for personal achievement puts lot of pressure on teachers and schools including the educational system in general and on students, in particular. In fact ,it appears as if the whole system of education revolves the academic achievement of students disregarding various other outcomes .A lot of time and effort of the school is thus directed towards better scholastic achievement of their students.

In fact, the whole system of education revolves round the academic achievement of students though various others outcomes are also expected from the system. Thus a lot time and effort of the schools are used for helping students to achieve better in their scholastic endeavors. The prime concern and most important goal of education is academic achievement of pupils. Academic achievement is the learning outcome of the student in which performance of the individual is included, therefore it is a dynamic phenomenon not a static or we can also say that academic achievement is the level of proficiency attained in academic work or as formally

acquired knowledge in the school subjects which is often represented by percentage of marks obtained by students in their examination.

Academic Achievement

Academic Achievement is one of the most importance goals of education .The success or failure of a student is measured in terms of academic achievement.

Academic Achievement is one part of the wider term of educational growth, it refers to what a student has achieved in different of subjects of studies during the course of academic year. At each stage in the school, some measures of achievement are used to determine of the students status and as a basis of decision about the further opportunities for learning to be provided in subsequent stage.

Academic achievement has always been a crucial point and has been focus of educational research. Among various aims of education, academic development of the pupil which continues to be primary and most important goal of education.

Academic achievement plays a significant role in almost all aspects of human life, in shaping the career of an individual and planning for the future education. It forms the basis of admission and promotion in a class. Academic achievement of a person can be assessed by the teacher made test or standardized achievement tests.

First and foremost, it is essential the term academic achievement which is combination of two words ‘academic’ and ‘achievement’.

Academic

The term academic has been derived from the term academy. The meaning of the term academy is “ a school where special type of instruction is imparted”.

So academic would mean any activity or action that is scholastic in nature. It also implies institutional system of formal education with in a school, college or university.

Academic achievement is used to describe actions related to the work done colleges and universities, in terms of **achievement** or results, Is focused especially in work which involves studying and reasoning, but also in practical or technical skills.

Achievement

Achievement is generally used in the sense of “ability to do, capacity to do or tendency to do”.

An achievement is something which someone has succeeded in doing, especially after a lot of effort

The term achievement refers to accomplishment or performance in a particular area. Achievement is a thing that somebody has done successfully, especially using his own efforts and skill.

Study Habits

Study habits are very dominating factor in all human beings who are being educated and have been educated in learning. Study habits are as much important for academics of the students as much it is important for the fruitful use of leisure time. Study habits are also important for the adults who are now in job, particularly for teachers.

The task of learning is not dependant on teachers alone. Efficient learning not only depends on a good teaching alone but on satisfactory learning procedures also. Efficient learning depends upon learner’s ability to schedule his time, the plan of his study, the habit of concentration, note making, mental review, the judicious application of whole and part method, massed and distributed learning and so on. In other words, learning involves the development of proper study habit and skills.

The term study habits implies a sort of more or less regular methods of studying. Any course of action consistently and invariably employed to study or learn things can be named as study habits. Study habits are conditioned by personality, intelligence and interest of individual, suggestions, imitation and motivation are significant factors in forming good study habits. Every habit of individual has got his own habit of study. Some individuals believe in the habit of regularity, punctuality and planning. Study habits implies a sort of more or less permanent mode or method of studying. Individual has their own way of studying. It has also been found that those who have good study habits excel others of equal intelligence in academic achievement.

As such the word study habits comprises of two words study and habits.

Study- study means application of mind to requirement of knowledge, study a kin to be eager, the diligent, a state of absorbed contemplation.

Study means to apply the mind to books or learning or to consider attentively; to examine closely.

In the dictionary of education good (1959). Study means:

- I. Application of mind to problem or subject;
- II. A branch of learning
- III. An investigation of particular subject as the published finding such as investigation.

Habit

Habit refers to a sense of behaving that has become more and less fixed. Habits signify a way or acting or thinking frequently enough leading to unconscious behavior.

According to Mathur (1990), habit means a confirmed way of doing things. It starts forming at conscious level but becomes automatic due to repetition. The habits are learnt by one's own felt but after they are learnt, they have control over one's behavior.

Thus, study habits refers to acquisition of knowledge and skill through more or less permanent modes of studying.

Cuff N. B. in a study found significant difference in ten study habits of able students from poor students. These study habits are as follows:

- I. Having a definite time for study of a lesson
- II. Getting person alone
- III. Taking notes on lessons
- IV. Ignoring distraction
- V. Skipping over material before reading it in details.
- VI. Working out individual examples to illustrate general value and principles.
- VII. Seeking a favourable view of study.
- VIII. Having a clear notion of task before beginning it
- IX. Reading silently and immediately after completing the lesson.

OBJECTIVES OF THE STUDY

- To study the factors affecting study habits and academic achievement
- To find out relationship between academic achievement and study habits.

REVIEW OF LITERATURE:

Various educationists, in the above context, here presented their viewpoints in regards to academic achievement as given below:

Merriam Webster's Collegiate Dictionary(2001) shows academic as meaning of, relating to or associated with academy or school especially of higher learning or relating to performance academic courses.

According to **Megeerjee (2002)** achievement tests how well students have mastered the subject matter in course of education.

According to **New Webster's dictionary(1990)** academic achievement is the performance of student in a course based on format studied in an institution of learning.

Torres (1994) defined academic achievement as the attained ability or degree of competence in school tasks usually measured by standardized test and expressed in grades or units on norms, desired from a wide sampling of pupil's performance.

American Heritage University U. S. A. (2008) Academic achievement is denned as the ability of students to learn and retain what they learn in the classroom and how they can apply it in daily life. In short academic achievement may be defined as measure of knowledge, understanding in a group of subjects. Academic achievement may be a particular subject or a total several subjects combined. Hence, academic achievement is concerned with the quality and quantity of learning attained in a subject of study or group of subjects after a period of instructions.

Good dictionary of Education(1995) Study habit is the tendency of a pupil or student when the opportunities are given, the pupils's way of studying whether systematic or unsystematic, efficient or inefficient etc.

Kaur (2001) The term study habits include such things as continuous study according to the timetable, regularity in preparing the notes, adopting a good postures while studying, struggling hard to overcome difficulties on other words putting in ones best efforts. Students who have such study habits are likely to excel others of equal intelligence only because of superior study habits.

So study habits are habits of students, it means the way of studying whether systematically or unsystematically, efficiently or otherwise. The study habits can be interpreted as a planned program of subject mastery. Good habits result in form of good scholastic achievement.

IMPORTANCE OF ACADEMIC ACHIEVEMENT

Academic achievement is very important as it helps the students to understand the hierarchy based on academic achievement, higher the academic more are the openings for students and they can go for better lines and better jobs in all fields like science, medicine, management and education etc.

Academic achievement is also indicator of the level of intelligence and the effectiveness of teachers and overall effectiveness of any institution. Another important role and academic achievement plays in evolution of the socio economic status of the individual as well as the family is by providing the higher occupational opportunities.

Higher scholastic achievement is of paramount importance for progress and promotion in any field as students with higher level of achievement can have better chance to get higher level. From the above discussion, it may be concluded that academic achievement is the outcome of wider term for educational growth.

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FACTORS AFFECTING STUDY HABITS

The time of study preferred the time lapse between study sessions, the degree of noise of music tolerated in the background, the physical conditions of the place of study, the extent to which the curricular activities are few of the many factors which influence the study habits of students. There are numerous factors which affect the study habits. Many study habits appear determinant to efficient learning where as a number of individuals and personal factors influence the study habits of students which are:

- Concentration
- Observation
- Family environment
- Poor lighting
- Study material
- Age and level of intelligence
- Personal interest and aptitude

CONCLUSION

At the end academic achievement as the sum total of information gained after completing a course of instruction in a particular grade that he has obtained in achievement test. It refers to the achievement by individual objectives related to various type of knowledge and skills. These objectives are socially based on the age, prior learning and capacity of individuals with regard to education, socialization and qualification and in case of study habits, habit is a state of body, natural or acquired by practice, custom and manner where study is described as earnest endeavours application to book and subject habit is the endeavour towards studies acquired through state of body which is natural or acquired.

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