Influence of Spiritual Intelligence on Emotional Health and Self Confidence: A Descriptive Study

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Abstract:

Spiritual intelligence is an ability of an individual by which he/she will be able to find out the own spiritual existence in the action. It is an ability to nurture essence with the help of spirituality through the action. Emotional health is also important variable which has differentiated the status of adjustment as well as the adaptability of an individual in respect to fulfill the environmental requirements. Similarly, self-confidence is also an important factor that is related with the matter of belief system in respect to convert own ability into action. To find out the influence of spiritual intelligence on the emotional health and self-confidence of higher secondary students, present study has been designed. On the basis of quantitative analysis of collected data, it has been observed that it has been concluded that influence of spiritual intelligence on emotional health in respect to urban, rural and male higher secondary students has been found modestly. In these cases, the regression equation has been modestly fit. But, the influence of spiritual intelligence on emotional health and self-confidence of female higher secondary students has been found higher level and significantly. Corresponding regression equation has been found strongly fit.

Keywords: Spiritual Intelligence, Emotional Health, Self Confidence

1.0. Introduction

Spirituality is a term used in worldwide from the very beginning of world creation and also the creation of human being. In India the concept of spirituality has been nurtured in maximum level. Spiritual intelligence is an ability responsible to find out the basic properties of individual personality and also functional implementation of their capabilities in the field to discover own nature. To find out the actual existence in respect to the functional characteristics of individual personality, a lot of efforts have been identified in all over the world. Based on the basic characteristics of spiritual intelligence, it will be differentiate from the concept of existential intelligence. There is an effective connectivity between the term of spiritual intelligence and existential intelligence (*Halama, P., Strizenec, M., 2004*). The task of spiritual nurturing can be regulated due to the effective study of spiritual intelligence of man. Through the effective practice of spiritual intelligence, an individual will be able to develop the quality of spirituality in life (*Yang, K. P.,2006*). There is a functional connectivity between spiritual intelligence and emotional intelligence; similarly, there is a relation between spiritual intelligence and psychological ownership (Kaur, D., Sambasivan, M., &Kumar, N., 2013). Emotional health is second variable of present study. Wisely designed task can help to develop an effective level of understanding in respect to deal with the matter of psycho-emotional equilibrium of an individual (Green, J., Howes, F., Waters, E., Mather, E., Oberklaid, F., 2005). Cautious cherishing of the caregivers will produce a complementary state of mental health which may be also an effective inspiring component of the development of emotional health (Lee, J. A., Walker, M., Shoup, R., 2001). Environment plays an important role to design the personality which also stimulate the nature of mental health (Kidger, J., Arava, R., Donovan, J., Gunnell, D., 2012). Another third important variable of the study is self-confidence. Self-confidence is an active level of mindfulness of an individual in respect to deal with personal abilities to encounter the adjustment requisite. Self-confidence is successfully related to the beneficial conceptualization regarding everything. It is an indicator to standardize the functionality of an individual in terms of the applied operations. In the case of effective dealing of self-confidence in respect to develop a functional conceptualization about the measurements as well as the nature of any fact or object is considered as very important (Bearden, W.O., Hardesty, D.M., &Rose, R.L., 2001). Confidence is an aspect related to the basic features of goal and goal orientation. There is significant connection between self-confidence and goal orientation (Heper, E., Yolacan, S., Kocaeksi, S., 2014). Therefore, the capability will be nurtured by the active exercise of self-confidence. Discrepancy in respect to effective manifestation of confidence in respect to increase the competency level is also found in respect to gender differences (Chusmir, L.H., Koberg, C.S., Stecher, M. D., 1992).

2.0. Objectives of the study

At the end of the study, investigator intends –

- To find out the influence of spiritual intelligence on emotional health of higher secondary students in respect to four different stratum namely urban, rural, male and female respectively.
- To find out the influence of spiritual intelligence on emotional health of higher secondary students in respect to four different stratum namely urban, rural, male and female respectively.

3.0. Hypotheses

To specify the objectives of present study, following hypotheses have been developed.

- **H0.**₁: There is not significant strata wise influence of spiritual intelligence on emotional health of higher secondary students.
- H0.2: There is not significant strata wise influence of spiritual intelligence on selfconfidence of higher secondary students.

4.0. Analysis and Interpretation

Collected data has been analyzed in this case to test the corresponding hypotheses. Data related to the influences of spiritual intelligence on emotional health and on the self- confidence has been analyzed below.

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | .507 ^a | .257 | .256 | 11.45329 |

Table -1 Model Summary about the influence of SI on EH responded by Urban students

a. Predictors: (Constant), SIURBAN

From the table -1, it has been observed that the value of R square is 0.257 which has specified that the 25.7% variation will be found in the case of emotional health if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in modest percentage that is 30.1%. The value of adjusted R square is 0.256 which is modest in nature. Therefore, it is concluded that the said model is modestly fit. The corresponding result has been found in respect to the response of urban higher secondary students.

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|---------|-------------------|
| | Regression | 45299.912 | 1 | 45299.912 | 345.332 | .000 ^b |
| 1 | Residual | 130915.447 | 998 | 131.178 | | |
| | Total | 176215.359 | 999 | | | |

Table – 2 ANOVA^a about the influence of SI on EH responded by Urban students

a. Dependent Variable: EHURBAN

b. Predictors: (Constant), SIURBAN

From the table -2, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. emotional health) for each standard deviation unit of change in the independent variable (i.e. spiritual intelligence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and emotional health is related to each other in respect to corresponding changes. This result has been found in respect to the responses of urban higher secondary students.

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|------------|-----------------------------|------------|------------------------------|--------|------|
| | | В | Std. Error | Beta | | |
| 1 | (Constant) | 56.117 | 4.509 | | 12.447 | .000 |
| 1 | SIURBAN | .321 | .017 | .507 | 18.583 | .000 |

Table – 3 Coefficients^a about the influence of SI on EH responded by Urban students

a. Dependent Variable: EHURBAN

From the table -3, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by urban higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on emotional health of urban higher secondary students.

Table -4 Model Summary about the influence of SI on SC responded by Urban students

| Model | R | R Square | Adjusted R Square | Std. Error of the |
|-------|-------------------|----------|-------------------|-------------------|
| | | | | Estimate |
| 1 | .094 ^a | .009 | .008 | 15.61109 |

a. Predictors: (Constant), SIURBAN

From the table -4, it has been observed that the value of R square is 0.009 which has specified that the 0.9% variation will be found in the case of self-confidence if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in modest percentage that is 0.9%. The value of adjusted R square is 0.008 which is poor in nature. Therefore, it is concluded that the said model is poorly fit. The corresponding result has been found in respect to the response of urban higher secondary students.

| Table – 5 ANOVA ⁴ | ^a about the influence of SI on SC responded by Urban students |
|------------------------------|--|
|------------------------------|--|

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|-------|-------------------|
| | Regression | 2161.484 | 1 | 2161.484 | 8.869 | .003 ^b |
| 1 | Residual | 243218.640 | 998 | 243.706 | | |
| | Total | 245380.124 | 999 | | | |

a. Dependent Variable: SCURBAN

b. Predictors: (Constant), SIURBAN

From the table -5, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. emotional health) for each standard deviation unit of change in the independent variable (i.e. self-confidence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and self-confidence is related to each other in respect to corresponding changes. This result has been found in respect to the responses of urban higher secondary students.

| Model | | Unstandardized Coefficients | | Standardized | t | Sig. |
|-------|------------|-----------------------------|------------|--------------|--------|------|
| | | В | Std. Error | Beta | | |
| 1 | (Constant) | 127.132 | 6.145 | | 20.688 | .000 |
| 1 | SIURBAN | .070 | .024 | .094 | 2.978 | .003 |

Table – 6 Coefficients^a about the influence of SI on SC responded by Urban students

a. Dependent Variable: SCURBAN

From the table -6, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by urban higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on self- confidence of urban higher secondary students.

Table -7 Model Summary about the influence of SI on EH responded by Rural students

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|-------------------------------|
| 1 | .452 ^a | .204 | .203 | 13.90029 |

a. Predictors: (Constant), SIRURAL

From the table -7, it has been observed that the value of R square is 0.204 which has specified that the 20.4% variation will be found in the case of emotional health if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in modest percentage that is 20.4%. The value of adjusted R square is 0.203 which is modest in nature. Therefore, it is concluded that the said model is modestly fit. The corresponding result has been found in respect to the response of rural higher secondary students.

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|---------|-------------------|
| | Regression | 49396.963 | 1 | 49396.963 | 255.654 | .000 ^b |
| 1 | Residual | 192831.593 | 998 | 193.218 | | |
| | Total | 242228.556 | 999 | | | |

Table – 8 ANOVA^a about the influence of SI on EH responded by Rural students

a. Dependent Variable: EHRURAL

b. Predictors: (Constant), SIRURAL

From the table -8, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. emotional health) for each standard deviation unit of change in the independent variable (i.e. spiritual intelligence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and emotional health is related to each other in respect to corresponding changes. This result has been found in respect to the responses of rural higher secondary students.

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|------------|-----------------------------|------------|------------------------------|--------|------|
| | | В | Std. Error | Beta | | |
| 1 | (Constant) | 64.110 | 4.142 | | 15.478 | .000 |
| 1 | SIRURAL | .272 | .017 | .452 | 15.989 | .000 |

Table – 9 Coefficients^a about the influence of SI on EH responded by Rural students

a. Dependent Variable: EHRURAL

From the table -9, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by rural higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on emotional health of rural higher secondary students.

Table -10 Model Summary about the influence of SI on SC responded by Rural students

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | .443 ^a | .196 | .195 | 15.95940 |

a. Predictors: (Constant), SIRURAL

From the table -10, it has been observed that the value of R square is 0.196 which has specified that the 19.6% variation will be found in the case of self-confidence if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in modest percentage that is 19.6%. The value of adjusted R square is 0.195 which is modest in nature. Therefore, it is concluded that the said model is modestly fit. The corresponding result has been found in respect to the response of rural higher secondary students.

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|---------|-------------------|
| | Regression | 62068.075 | 1 | 62068.075 | 243.689 | .000 ^b |
| 1 | Residual | 254192.924 | 998 | 254.702 | | |
| | Total | 316260.999 | 999 | | | |

Table – 11 ANOVA^a about the influence of SI on SC responded by Rural students

a. Dependent Variable: SCRURAL

b. Predictors: (Constant), SIRURAL

From the table -11, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. self-confidence) for each standard deviation unit of change in the independent variable (i.e. spiritual intelligence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and self-confidence is related to each other in respect to corresponding changes. This result has been found in respect to the responses of rural higher secondary students.

| Model | | Unstandardize | d Coefficients | Standardized Coefficients | t | Sig. |
|-------|------------|---------------|----------------|------------------------------|--------|------|
| | | В | Std. Error | Beta | | |
| 1 | (Constant) | 61.185 | 4.755 | | 12.866 | .000 |
| 1 | SIRURAL | .305 | .020 | .443 | 15.611 | .000 |

Table – 12 Coefficients^a about the influence of SI on SC responded by Rural students

a. Dependent Variable: SCRURAL

From the table -12, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by rural higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on self-confidence of rural higher secondary students.

| Model | R | R Square | Adjusted R Square | Std. Error of the | |
|-------|-------------------|----------|-------------------|-------------------|--|
| | | | | Estimate | |
| 1 | .318 ^a | .101 | .100 | 12.30221 | |

Table -13 Model Summary about the influence of SI on EH responded by Male students

a. Predictors: (Constant), SIMALE

From the table -13, it has been observed that the value of R square is 0.101 which has specified that the 10.1% variation will be found in the case of emotional health if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in modest percentage that is 30.1%. The value of adjusted R square is 0.100 which is modest in nature. Therefore, it is concluded that the said model is modestly fit. The corresponding result has been found in respect to the response of male higher secondary students.

Table – 14 ANOVA^a about the influence of SI on EH responded by Male students

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|---------|-------------------|
| | Regression | 17019.259 | 1 | 17019.259 | 112.454 | .000 ^b |
| 1 | Residual | 151041.716 | 998 | 151.344 | | |
| | Total | 168060.975 | 999 | | | |

a. Dependent Variable: EHMALE

b. Predictors: (Constant), SIMALE

From the table -14, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. emotional health) for each standard deviation unit of change in the independent variable (i.e. spiritual intelligence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and emotional health is related to each other in respect to corresponding changes. This result has been found in respect to the responses of male higher secondary students.

 Table – 15 Coefficients^a about the influence of SI on EH responded by Male students

| Model | | Unstandardized Coefficients | | Standardized | t | Sig. |
|-------|------------|-----------------------------|------------|--------------|--------|------|
| | | | | Coefficients | | |
| | | В | Std. Error | Beta | | |
| 1 | (Constant) | 91.303 | 4.435 | | 20.586 | .000 |
| 1 | SIMALE | .184 | .017 | .318 | 10.604 | .000 |

a. Dependent Variable: EHMALE

From the table -15, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by male higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on emotional health of male higher secondary students.

| Model | R | R Square | Adjusted R Square | Std. Error of the | |
|-------|-------------------|----------|-------------------|-------------------|--|
| | | | | Estimate | |
| 1 | .324 ^a | .105 | .104 | 14.83527 | |

Table -16 Model Summary about the influence of SI on SC responded by Male students

a. Predictors: (Constant), SIMALE

From the table -16, it has been observed that the value of R square is 0.105 which has specified that the 10.5% variation will be found in the case of self-confidence if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in modest percentage that is 10.5%. The value of adjusted R square is 0.104 which is modest in nature. Therefore, it is concluded that the said model is modestly fit. The corresponding result has been found in respect to the response of male higher secondary students.

Table – 17 ANOVA^a about the influence of SI on SC responded by Male students

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|---------|-------------------|
| | Regression | 25735.155 | 1 | 25735.155 | 116.933 | .000 ^b |
| 1 | Residual | 219644.969 | 998 | 220.085 | | |
| | Total | 245380.124 | 999 | | | |

a. Dependent Variable: SCMALE

b. Predictors: (Constant), SIMALE

From the table -17, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. self-confidence) for each standard deviation unit of change in the independent variable (i.e. spiritual intelligence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and self-confidence is related to each other in respect to corresponding changes. This result has been found in respect to the responses of urban higher secondary students.

| Table - To Coefficients about the influence of St on SC responded by Marc students | | | | | | | |
|--|------------|-----------------------------|------------|--------------|--------|------|--|
| Model | | Unstandardized Coefficients | | Standardized | t | Sig. | |
| | | | | Coefficients | | | |
| | | В | Std. Error | Beta | | | |
| 1 | (Constant) | 87.761 | 5.348 | | 16.408 | .000 | |
| 1 | SIMALE | .226 | .021 | .324 | 10.814 | .000 | |

| Table _ | 18 Coeffic | vionts ^a ahor | it the influe | ance of SI of | SC rest | nonded hv | Male students |
|----------|------------|--------------------------|---------------|---------------|----------|-----------|---------------|
| I able - | 10 Cuento | cients abot | it the minu | | 1 30 103 | ponucu by | Male students |

a. Dependent Variable: SCMALE

From the table -18, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by male higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on self- confidence of male higher secondary students.

Table -19 Model Summary about the influence of SI on EH responded by Female students

| Model | R | R Square | Adjusted R Square | Std. Error of the | |
|-------|-------------------|----------|-------------------|-------------------|--|
| | | | | Estimate | |
| 1 | .648 ^a | .420 | .420 | 12.62997 | |

a. Predictors: (Constant), SIFEMALE

From the table -19, it has been observed that the value of R square is 0.420 which has specified that the 42% variation will be found in the case of emotional health if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in moderate percentage that is 42%. The value of adjusted R square is 0.420 which is moderate in nature. Therefore, it is concluded that the said model is moderately fit. The corresponding result has been found in respect to the response of female higher secondary students.

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|---------|-------------------|
| | Regression | 115338.880 | 1 | 115338.880 | 723.055 | .000 ^b |
| 1 | Residual | 159197.024 | 998 | 159.516 | | |
| | Total | 274535.904 | 999 | | | |

a. Dependent Variable: EHFEMALE

b. Predictors: (Constant), SIFEMALE

From the table -20, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. emotional health) for each standard deviation unit of change in the independent variable (i.e. spiritual intelligence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and emotional health is related to each other in respect to corresponding changes. This result has been found in respect to the responses of female higher secondary students.

| Model | | Unstandardized Coefficients | | Standardized | t | Sig. |
|-------|------------|-----------------------------|------------|--------------|--------|------|
| | | | | Coefficients | | |
| | | В | Std. Error | Beta | | |
| 1 | (Constant) | 33.783 | 3.653 | | 9.247 | .000 |
| 1 | SIFEMALE | .395 | .015 | .648 | 26.890 | .000 |

Table – 21 Coefficients^a about the influence of SI on EH responded by Female students

a. Dependent Variable: EHFEMALE

From the table -21, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by female higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on emotional health of female higher secondary students.

Table -22 Model Summary about the influence of SI on SC responded by Female students

| Model | R | R Square | Adjusted R Square | Std. Error of the | |
|-------|-------------------|----------|-------------------|-------------------|--|
| | | | | Estimate | |
| 1 | .745 ^a | .555 | .555 | 12.56490 | |

a. Predictors: (Constant), SIFEMALE

From the table -22, it has been observed that the value of R square is 0.555 which has specified that the 55.5% variation will be found in the case of self- confidence if the performance of spiritual intelligence is varied. The relationship in respect to the variation has been found in higher level of percentage that is 55.5%. The value of adjusted R square is 0.555 which is strongest in nature. Therefore, it is concluded that the said model is strongly fit. The corresponding result has been found in respect to the response of female higher secondary students.

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|----------|-------------------|
| | Regression | 196601.319 | 1 | 196601.319 | 1245.283 | .000 ^b |
| 1 | Residual | 157561.056 | 998 | 157.877 | | |
| | Total | 354162.375 | 999 | | | |

Table – 23 ANOVA^a about the influence of SI on SC responded by Female students

a. Dependent Variable: SCFEMALE

b. Predictors: (Constant), SIFEMALE

From the table -23, it has been clearly observed that the per unit standard deviation change of dependent variable (i.e. self-Confidence) for each standard deviation unit of change in the independent variable (i.e. spiritual intelligence) has been found significant level. Due to the result of the P < 0.01, the corresponding relationship has been found significant in nature. Therefore, the value of Beta weight has indicated that spiritual intelligence and self- confidence is related to each other in respect to corresponding changes. This result has been found in respect to the responses of female higher secondary students.

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|------------|-----------------------------|------------|------------------------------|--------|------|
| | | В | Std. Error | Beta | | |
| 1 | (Constant) | 9.731 | 3.635 | | 2.677 | .008 |
| | SIFEMALE | .516 | .015 | .745 | 35.289 | .000 |

Table – 24 Coefficients^a about the influence of SI on SC responded by Female students

a. Dependent Variable: SCFEMALE

From the table -24, it has been observed that relationship between the variables of present study is significant due to the calculated value is as same as the value of constant that is the value of intercept. It has been found that 'r' is = value of intercept (in where the value is highly fit). This result has been found in the case of the responses provided by female higher secondary students. Corresponding variables are significantly related to each other. The result has been found in respect to the influence of spiritual intelligence on self- confidence of female higher secondary students.

5.0. Conclusion

Influence of spiritual intelligence on emotional health has been observed in 25.6% cases; significant relationship has been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of urban higher secondary students. The corresponding model of regression equation has been found modestly fit. Influence of spiritual intelligence on self-confidence has been observed in 0.8% cases; significant relationship has

been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of urban higher secondary students. The corresponding model of regression equation has been found poorly fit. Influence of spiritual intelligence on emotional health has been observed in 20.4% cases; significant relationship has been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of rural higher secondary students. The corresponding model of regression equation has been found modestly fit. Influence of spiritual intelligence on self-confidence has been observed in 19.6% cases; significant relationship has been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of rural higher secondary students. The corresponding model of regression equation has been found modestly fit. Influence of spiritual intelligence on emotional health has been observed in 10.1% cases; significant relationship has been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of male higher secondary students. The corresponding model of regression equation has been found modestly fit. Influence of spiritual intelligence on self-confidence has been observed in 10.4% cases; significant relationship has been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of male higher secondary students. The corresponding model of regression equation has been found modestly fit. Influence of spiritual intelligence on emotional health has been observed in 42% cases; significant relationship has been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of female higher secondary students. The corresponding model of regression equation has been found strongly fit. Influence of spiritual intelligence on self-confidence has been observed in 55.5% cases; significant relationship has been found; significant relationship has specified the per unit variation of spiritual intelligence on emotional health of female higher secondary students. The corresponding model of regression equation has been found strongly fit. Therefore, it has been concluded that influence of spiritual intelligence on emotional health in respect to urban, rural and male higher secondary students has been found modestly. In these cases, the regression equation has been modestly fit. But, the influence of spiritual intelligence on emotional health and self-confidence of female higher secondary students has been found higher level and significantly. Corresponding regression equation has been found strongly fit.

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